

# USA KARATE

School Director  
John Lysaght

Program Director  
Brenda Thomas

**BROOKLYN CENTER**  
763-951-2493

Effective:  
10/1/2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 SUPERKIDS
					9:30 WHITE/GOLD/GREEN J
					10:00 PURPLE/BLUE J
					10:30 ALL BELTS A
		J = JUNIORS	A = ADULTS		
4:45 WHITE/GOLD/GREEN J	4:45 RED/BROWN/BLACK J	4:45 WHITE/GOLD/GREEN J	4:45 PURPLE/BLUE J		11:15 RED/BROWN/BLACK E
5:15 PURPLE/BLUE	5:30 SUPERKIDS	5:15 PURPLE/BLUE J	5:15 SUPERKIDS		12:00 PRE-TEST E
5:45 WEAPONS J	6:00 WHITE/GOLD/GREEN J	5:45 SPARRING J	5:45 RED/BROWN/BLACK J		
6:15 RED/BROWN/BLACK J	6:30 PURPLE/BLUE J	6:15 RED/BROWN/BLACK J	6:30 WHITE/GOLD/GREEN J	<p>Graduation is the second Tuesday of every other month. No classes on graduation day.</p> <p>All students should bring hand pads and foot pads to each class. Red belts and above should bring a bo to each class.</p> <p>Weapons and sparring classes are available to green belts and above.</p>	
7:00 ALL BELTS A	7:00 ALL BELTS A	7:00 SPARRING A	7:00 ALL BELTS A		