

School Director: Program Director:

USA KARATE

651-528-6628

www.usa-karate.net

Jacob Kahn

Brenda Thomas

Woodbury

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Effective: 4/16/2018				Graduation takes place the second Friday of each month	9:00 Superkids
Talk to Mr. Kahn to schedule Private lesson.					9:30 All Juniors
Specialty classes are offered for green belts and above.					10:00 Sparring
					10:45 All Belts Adult
4:45 White Juniors	4:45 Gold-Green Juniors	4:45 Purple-Blue Juniors	4:45 Superkids		11:30 Weapons
5:15 Gold-Green Juniors	5:15 Superkids	5:15 Red-Black Juniors	5:15 Red-black Juniors		12:00 Tricking (Basics)
5:45 Red-Black Juniors	5:45 Purple-Blue Juniors	6:00 Gold-Green Juniors	6:00 White Juniors		12:30 Tricking (Advanced)
6:30 Self-Defense Juniors	6:15	6:30 White Juniors	6:30 Purple-Blue Juniors		
7:00 Purple-Blue Juniors	6:45 Red-Black Juniors	7:00 Black	7:00 Gold-Green Juniors		
7:30 Self-Defense	7:30 Team Fury	7:45 All Belts Adult	7:30 Team Fury		
8:15 All Belts Adult	8:15 All Belts Adult	8:30 Demo Team	8:15 All Belts Adult		